

SUN PROTECTION POLICY

Policy Statement

Longwick Pre-school strives to ensure that all children can access and enjoy outside play throughout the year, whilst protecting them from the harmful effects of the sun. We have a duty of care to ensure the health and wellbeing of the children who attend the setting.

Aim

This policy documents the measures the pre-school will undertake to ensure that children who attend both part and full day sessions are protected from over exposure to the sun. We also instil good practices in relation to sun care with the children. The pre-school enjoys outdoor play sessions everyday throughout the year. By taking what measures we can to protect the children in our care from the harmful effects of the sun we can help reduce the risk of skin cancer in later life caused by UV radiation.

- Parent/Carers are to provide suitable clothing during warm weather. All shoulders are to be covered (i.e. no 'strappy' sundresses or vest tops as shoulders are particularly vulnerable to sunburn).
- All children must bring and wear a named sun hat or cap (the pre-school has some spare hats available if children forget their own).
- Children should arrive at pre-school with a high sun protection factor sun cream (at least factor30+) already applied to all exposed areas including face and arms.
- If your child attends all day, the staff will re-apply the pre-school sun cream before going outside in the afternoon. If a child needs to use a specific sun cream, due to allergies and are staying all day, then we ask that the parent/carer let the staff know and supply a named bottle which we can keep for that child's personal use.
- All children will have access to their own water bottles throughout the day and the staff will actively encourage them to drink to prevent dehydration.
- During sunny weather, we will endeavour to provide as much shade as possible and limit outside time to avoid the hottest part of the day if necessary (12am-3pm).
- Staff will model sun safe good practices and introduce the children to the 'Slip, Slap, Slop' philosophy.

If there is a medical, religious or other reason why a child is unable to have sun cream applied then we will ask the parent/carer to supply a letter which can be kept in the child's personal file.

The pre-school has joined the Sun Safe Nurseries Scheme (www.skcin.org) which provides information and tips to aid safe sun play. A copy of their fact sheet can be found on their website.

Date Policy Implemented *April 2018*

Signed *Alex Barter*

Name and Role *Alex Barter, Committee Management Chair*

Date of Last Review *November 2022*

Date of Next Review *November 2023*